

“Glory to the Newborn King!”



That’s our warm up song for the 6 minutes that we drive from our home to church. It hits all the high notes and the jumps to get us ready when we sing with our choir. Last weekend, we sang a wonderful music celebration in our two services. We really enjoy both rehearsing and performing such fabulous music.

Besides music, our Christmas is full of small and large gatherings of small groups and friends. We’ll have people over for Christmas Eve and hope friends can join us on Christmas Day. Despite not being near family, we have family-like friends that we love.

We are spending our retirement doing what we like, reading, writing, traveling and serving. We both lead Bible Studies, Paul volunteers most months at the Food Bank and I get to support families through our meals ministry! Paul is still posting his thoughts to <https://heinsite.blog>.

In the spring of 2022 we were able to explore the unique landscape of the Utah National Parks. We actually visited 8 parks and 1 national monument in 2 weeks, including the Grand Canyon in Arizona and Black Canyon of the Gunnison and Mesa Verde in Colorado. We walked slot canyons and hiked to arches, amazed at the variety of landscape. Zion is big, Canyonlands is deep and Bryce is very red and beautiful with a dusting of snow!





We visited family and friends in the NW in the spring of 2023. We got to celebrate what would have been my mother's 100th birthday as well as a great nephew's birthday. Seeing friends and being in the green country is such a joy! In June 2023, I got to take part in a memorial concert honoring my College Choir director--His ministry formed me and impacted so many. It was a delight to sing with so many friends!



This fall we took another adventure with 2 weeks in Kentucky and Tennessee seeing new territory, interesting history and relishing time with good friends. Mark and Greta inspired the visit, and we had such fun exploring. Quite unexpectedly, we found ourselves in Arkansas, Mississippi, Virginia, Indiana, and North Carolina. Just one wrong exit will get you places you never planned! Who knew that Mississippi was so close to Memphis! We saw Cumberland Gap/Falls, Great Smoky Mountains, and Mammoth Caves as well as amazing museums in Memphis and Nashville. A highlight for me was the music---from Johnny Cash, to the Museum of Rock and Soul and dropping in on a Bluegrass Jam at the museum of Bluegrass in Kentucky.





Locally, we've spent some time in Winter Park, Steamboat Spring (we go in the summer) as well as a jaunt to Custer State Park in South Dakota.



Thanks for looking at our pictures. We wish you all a wonderful new year ahead and every blessing from God our Father and our Savior Jesus Christ.

Gail and Paul